



**Lorestan University of Medical Sciences  
Faculty of Khorramabad Nursing &Midwifery**

**Thesis  
Nursing and Midwifery Faculty  
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Master of Science in Nursing (Medical-Surgical)**

**Title :**

The Experiences of Family Caregivers of Patient with a Tracheostomy at Home

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## Abstract

**Introduction:** The transfer of tracheostomy patient to the home has many risks for the patient and his family. Training of family caregivers is organized and their experiences are the key to successful transfer. The purpose of this study was to explain the experiences of family caregivers of patients with tracheostomy during transfer from hospital to home.

**Methods:** This qualitative study was conducted using a conventional content analysis approach with 9 family caregivers of tracheostomy patients. Participants were purposefully entered into the study and interviewed. Viewpoints and field notes were also used and analyzed using a 4-step approach. Graneheim and Lundman (2004).

**Results:** Participants included 9 family caregivers and 1 home care nurse. The age range of caregivers ranged from 24 to 54 years and 60% were male. Data analysis resulted in the extraction of 1591 primary codes, 48 subcategories, 9 categories, and 5 themes. The main themes included the experience of learning over time, seeking optimal and safe care, intensifying care with the aim of prevention, from despair to inner satisfaction, and therapeutic procedures was the double-edged sword.

**Conclusion:** According to the findings, the reluctance of tracheostomy patients' families to accept a new role, the burden and cost of care, as well as the lack of caregiver skills and expertise, thereby imposing a high burden on families and detrimental consequences for caregivers in In many respects, the existence of formal institutions with the aim of maintaining and sustaining such patients and supporting their families seems essential.

**Keywords:** Tracheostomy, Informal Caregiver, Content Analysis, Transition Period, Family Caregiver, Home Care