



1. Personal and Contact Information:

First and Last Name: Mohammad Gholami

Academic Rank: Assistant professor

Personal Email: mohammad13565@yahoo.com

Academic Email: gholami.m@lums.ac.ir

Mobile Number:

Office Phone Number: 0098-66-33120140

Fax Number: 0098-66-33120140

2. Education:

BSc: Nursing, Lorestan University of Medical Sciences, 2001

- **MSc:** Medical Surgical Nursing, Baqiyatallah University of Medical Sciences, 2006
MSc Thesis: The effect of head nurses' empowerment behaviors on work effectiveness of staff nurses.

Supervisor MSc Thesis: Professor Abbas Ebadi, Professor Mino Asad Zandi

PhD: Medical Surgical Nursing, Nursing, University of Social Welfare and Rehabilitation Sciences (USWR), 2014

PhD Thesis: Process of health information seeking in patients with cardiovascular diseases: designing the model

Supervisor of PhD Thesis: Professor Masoud Fallahi Khoshknab,

Advisors of PhD Thesis: Hamid Reza Khankeh, Fazlollah Ahmadi, Sadat Seyed Bagher Maddah.

3. Awards & Honors:

*Research festival of Lorestan University of Medical Sciences

4. Scientific Position:

* Assistant Professor of Nursing, Department of nursing and midwifery, University of medical sciences, during 2014-2020

5. Executive Position:

*Head of post graduate education 2014-continued

*Head of Student Research Committee, Department of nursing and midwifery, 2015-2017

6. Teaching Experiences:

* Instructor, medical-surgical nursing

7. Clinical Experiences:

*Clinical nurse in cardiac care unit (CCU) and acute care settings

8. Research Field:

*Empowerment of nurses and nursing students

*Chronic care

*Rehabilitation

*Herbal medicine in nursing care

*Symptoms management

*Evidence based nursing

*Qualitative research methodology

*Clinical trials

9. Grants:

*The relationship between nurse's perception of empowerment with organizational trust and commitment, in teaching hospitals of Khorramabad (Iran)

*The effect of problem based learning on critical thinking skills and metacognitive awareness in undergraduate nursing students

- *The effects of combination of omega-3 and vitamin c on fatigue, ICU stay and post atrial fibrillation in patients undergoing CABG surgery
- *The effect of cardiac rehabilitation on sexual function and coping with stress in men patients undergoing CABG surgery
- *The effect of valerian extract root on sleep quality in patients undergoing CABG surgery
- * A comparison effect of Citrus Aurantium and geranium on anxiety and fatigue in patients with acute myocardial infarction
- *The Effect of Improving the Implementation of ESI Triage on Quality Indicators for Orthopedic Injuries in Emergency Department
- *The effect of inspiratory muscle training on dyspnea and fatigue in patient with heart failure
- *The effect of progressive muscle relaxation on fatigue and sleep quality in patients with COPD

10. Supervisor:

- *The effect of valerian capsule on sleep quality in patients with coronary artery bypass graft(CABG) surgery. 2018
- *A comparison effect of citrus aurantium and geranium aroma on anxiety and severity of fatigue among patients with acute myocardial infarction.2017
- *The effect of omega-3 and vitamin c on the incidence of post-operative atrial fibrillation, lengths of ICU stay and fatigue of patients undergoing open heart surgery.2016
- *The effect of improving the implementation of ESI triage on indicators of quality of care for emergency orthopedic injuries.2017
- *The effect of modified cardiac rehabilitation on sexual function and coping with stress in coronary artery bypass graft (CABG) patients. 2018
- *The effectiveness of intervention supportive cardiac triage on nursing evaluation of patients with acute coronary syndrome and its consequences. 2019
- *Effect of stroke massage and benson relaxation on vital signs and anxiety in patients with acute myocardial infarction. 2014

11. Advisor:

*Improve the quality of nursing records using hospital information system in coronary care unit: action research(2016).

*the effect of knowledge brokering on nurses' empathy with patients suffering from cardiovascular disease: a knowledge translation study (2019).

*comparison of the effectiveness of rehabilitation through home visit and telephone follow up on self-efficacy in CABG patients and their family caregiver's burden (2019).

12. Papers:

English:

* [Gholami M](#), Fallahi Khoshknab M, Seyed Bagher Maddah S, Ahmadi F, Khankeh H. Barriers to health information seeking in Iranian patients with cardiovascular disease: A qualitative study. *Heart & Lung*. 2014; 43 : 183-191.

*[Gholami M](#), Fallahi Khoshknab M, Seyed Bagher Maddah S, Ahmadi F, Khankeh H, Mousavi N. The Motivations of Iranian Patients With Cardiovascular Disease to Seek Health Information: A Qualitative Study. *Iran Red Crescent Med J*. 2016; 18(5): e26039.

*.[Gholami, M.](#), Moghadam, P.K., Mohammadipoor, F., (...), Toulabi, T., Hossein Pour, A.H. Comparing the effects of problem-based learning and the traditional lecture method on critical thinking skills and metacognitive awareness in nursing students in a critical care nursing course. *Nurse Education Today*.2016.

*[Gholami, M.](#), Saki, M., Toulabi, T., Kordestani Moghadam, P., Hossein Pour, A.H., Dostizadeh, R. Iranian Nursing Students' Experiences of Case-Based Learning: A Qualitative Study. *Journal of Professional Nursing* .2017.

*Shirzadegan, R., [Gholami, M.](#), Hasanvand, S., Birjandi, M., Beiranvand, A..Effects of geranium aroma on anxiety among patients with acute myocardial infarction: A triple-blind randomized clinical trial. *Complementary Therapies in Clinical Practice*.2017. [Corresponding author](#)

* Seyedi Chegeni, P., [Gholami, M.](#) Azargoon, A., Hossein Pour, A.H., Birjandi, M., Norollahi, H. The effect of progressive muscle relaxation on the management of fatigue and quality of sleep in patients with chronic obstructive pulmonary disease: A randomized controlled clinical trial. *Complementary Therapies in Clinical Practice*.2018. [Corresponding author](#)

*Gholami, M., Saki, M., Hossein Pour, A.H. Nurses' perception of empowerment and its relationship with organizational commitment and trust in teaching hospitals in Iran. *Journal of Nursing Management*. 2019.

*Pourfallahi, M., Gholami, M., Tarrahi, M.J., Toulabi, T., Kordestani Moghadam, P. The effect of informational-emotional support program on illness perceptions and emotional coping of cancer patients undergoing chemotherapy. *Supportive Care in Cancer*. 2019. Article in Press. [Corresponding author](#)

*Sepahvand, M., Gholami, M., Hosseinabadi, R., Beiranvand, A. The Use of a Nurse-Initiated Pain Protocol in the Emergency Department for Patients with Musculoskeletal Injury: A Pre-Post Intervention Study. *Pain Management Nursing*. 2019. Article in Press. [Corresponding author](#)

*Kaikhosro Doulatyari P., Gholami, M., Toulabi, T., Birjandi M., Abdi A., The Effect of Modified Cardiac Rehabilitation on Erectile Dysfunction and Coping with Stress in Men Undergoing Coronary Artery Bypass Graft (CABG): A Clinical Trial. *Sexuality and Disability*. 2019. Article in Press. [Corresponding author](#)

* Gholami M,*, Shirin Hasanvand, Afsaneh Beiranvand. The effects of Citrus aurantium aroma on anxiety and fatigue in patients with acute myocardial infarction: A two-center, randomized, controlled trial. *Journal of Herbal Medicine* 21 (2020) 100326. [Corresponding author](#)

*Gholami M, Hassan Najafizadeh, Hassan Teimouri, Arash Ardalan Ali Pooria, Mohammad Javad Tarrahi. The combined effect of vitamin C and omega-3 polyunsaturated fatty acids on fatigue following coronary artery bypass graft surgery: a triple-blind clinical trial. *Journal of Complementary and Integrative Medicine*. 2019; 20180113.

Persian:

*Gholami M, Fallahi Khoshkenab M, Bagher Maddah SS, et al. Components of information behavior in patients with cardiovascular disease participated in cardiac rehabilitation program. *Iranian journal of rehabilitation research in nursing*, 2015.1(2).

* Seif SS, Gholami M. et al. The Relationship between Health Literacy and Perceived Self-efficacy in Cardiovascular Patients Hospitalized in Khorramabad Educational Hospitals in 1396. *Journal of Nursing Education (JNE)* .2018, 7(3). [Corresponding author](#)

13. Articles presented at national and international congresses and conferences (Oral, Poster):

- *Comparison of the effects of concept mapping and problem based learning on critical thinking skills of nursing students. 27th Edition of World Congress on Nursing Education & Research(rome/Italy).2018.
- *Assessment and management of pain in patients with multiple trauma in the emergency department. 13th Congress on Iranian Pain Society (IASP).2017
- *Diagnosis and new treatment of sleep disordered breathing in heart failure: a review article. 5th international Iranian heart failure summit.2016
- *Effectiveness of green tea for the prevention and treatment of prostate Cancer. Complementary medicine and cancer congress. 2016
- *AloeVera for Prevention and Treatment of Radiation and Chemotherapy induced Side effects in Patients with Cancer. Complementary medicine and cancer congress. 2016
- *The effect of inspiratory muscle training (IMT) on pulmonary function and depression in heart failure patients. 5th international Iranian heart failure summit.2016
- *Effects of Acupuncture on the prevention and management of symptoms associated with breast cancer. Complementary medicine and cancer congress. 2016
- *The effect of Short and long-term aromatherapy on stress and anxiety in patients with Cancer. Complementary medicine and cancer congress. 2016
- *The effects of polyphenols and Mediterranean diet on erectile dysfunction in men with diabetes. Men health congress. 2018
- *Relationship between human papillomavirus(HPV), herpes...and male infertility. Men health congress. 2018
- *Relationship between body mass index and infertility in men. Men health congress. 2018.
- *The effect of testosterone clomiphene citrate and anastrozole on fertility in men. Men health congress. 2018.
- *Relationship between lifestyle physical activity and lung cancer in men. Men health congress. 2018

14. Workshops (Teaching, Presence):

- *systematic review
- *qualitative studies
- *grounded theory

15. Reviewer of National and International Scientific Journals:

*Nurse education today

*Complementary therapies in clinical practice

*Support care in cancer

16. Editorial Board of Medical Journals:

*Iranian journal of rehabilitation research in nursing

17. Membership in Scientific Associations:

Association of Cardiovascular Nursing and Allied Professions (ACNAP)

18. General Skills:

English reading and writing